



Janet T. Mills  
GOVERNOR

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April 30, 2025

Dear Friends,

On behalf of the people of Maine, I write this letter to help raise awareness about National Water Safety Month, which is recognized annually in May.

Maine people know the vital role that swimming and water-related activities contribute to our good physical and mental health. Further, they understand the essential role that education around water safety plays in preventing drownings and recreational water-related injuries.

According to the U.S. Centers for Disease Control, an average of 11 people die from unintentional drownings every day. That is why it is critical that all Maine people recognize the vital importance of water safety rules to prevent recreational water-related injuries, illnesses, and deaths. National Water Safety Month raises awareness about critical water safety practices that will ensure your safety whether at the ocean, lake, pool, spa, or a water park.

As Governor, I thank those who are doing the critical work of keeping Maine people safe and informed, and I urge all Maine people to be aware of water safety rules and programs.

Thank you,

Janet T. Mills  
Governor



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